

Bighearted Scotland newsletter

Winter 2010/11 Issue



Chair of Bighearted Scotland, Morag McIntosh



My first year as Chair of Bighearted Scotland has passed in a flash, and I am pleased to say that the continuing commitment to the consortium by the charities involved grows from strength to strength.

We continue to reach out to more and more donors, and are committed to making it easier for you to keep in touch with us, to either learn more about our work, or sign up to support us through our varied fundraising events.

We have recently made changes to our website and donor database allowing you, our supporter, easier access.

The Fundraising trek in the footsteps of David Livingstone raised almost £35,000. We have more exciting treks to exotic places planned for 2011 that will also include opportunities to work with local communities. To find out more about our future treks please go to our website.

Payroll Giving continues to produce steady, reliable income that allows each of our member charities to plan their future work, but there is always the opportunity for others to sign up. Please encourage your friends to support us. A donation form can also be found on our website.

The Bighearted Scotland Awards are always the highlight of the year for sponsors, donors, guests and, of course, the award winners. We are delighted the event raised over £60,000 in 2010. For full details on all the Awards winners and photographs please see our website.

To Bighearted Scots one and all who donate to the six Scottish Charities via the above, "Together we are helping others in Scotland who are in real need of our support."

MORAG MCINTOSH
CHAIR OF BIGHEARTED

FRSB

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Bighearted Scotland Challenge Treks 2011

Throughout 2011 we have expeditions that will challenge you and thrill you in equal measure. Change your life and the lives of the many Scots who will benefit from the money you raise. Fancy trekking through the foothills of the Himalayas in exotic India? Or perhaps the heat and majesty of the Sahara desert tickles your fancy or maybe exploring the Annapurna region of Nepal will satisfy your wanderlust. See the website for more detail.

Our previous challenge



In early November 2009 the Bighearted Scotland sponsorship team set out to complete the second ever Livingstone Footsteps Challenge. Twelve amazing volunteers from all over Scotland headed out to Zambia for a week

to follow the route taken by the famous Scottish explorer, whilst raising money for our six member charities.

The Challenge, in and around the River Zambezi, tested them all both physically and mentally as they trekked through the bush, canoed and white water rafted up the river, and hiked out of the Zambezi Gorge. A vitally important part of the Challenge is the contribution participants make to the local community and this year they undertook community work in Ebenezer Orphanage, where many of the children have been orphaned due to HIV and AIDS. Participants spent time preparing activities for the children and giving them some much needed attention, playing games and improving the school grounds.

One participant described his thoughts on the trek upon arriving home: "There were some great times, some difficult times and some truly amazing times...It was great that the team got on so well, the humour was great as was the way in which we all pulled together and got each other through the lows and highs!"

The team's enormous personal efforts have raised vital funds for Bighearted Scotland and we'd like to thank them as well as all of their sponsors for their valued support.

For details of Bighearted Scotland's 2011 challenge expeditions to the India, Morocco or Nepal please check our website or email trustees@bigheartedscotland.org.uk.



Join Bighearted Scotland on a fundraising challenge!

Change your life and the lives of many other Scots.
Take part in one of the following challenges



Hike the Himalayas in exotic India

21st - 31st May 2011



Trek the Sahara desert in Morocco

20th - 25th October 2011



Explore the Annapurna region in Nepal

12th - 24th November 2011

For an information pack please call Sheena Breeze on 0131 475 2549, text 'TREK' to 07920584687 or email trustees@bigheartedscotland.org

For more information on Bighearted Scotland please visit www.bigheartedscotland.org



Bighearted Scotland

Charity Number SC023039



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These challenges are operated by Different Travel ATOL 6707

