

Mr John M. A. Dennis BSc. MCSP. SRP. BSc. (Eng.)

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Job Title: Team Lead, Physiotherapy North Glasgow (Stroke Services)

John Dennis graduated in Physiotherapy studies At Queen's College Glasgow in 1991. Prior to this he had completed a degree in Naval Architecture and Ocean Engineering at Glasgow University.

He worked as a Physiotherapist at the Southern General Hospital in Glasgow where he developed a special interest in neuro-rehabilitation in spinal injuries, Young Physical Disabilities and Hydrotherapy. He then practiced within community rehabilitation before taking a seconded post within Glasgow Royal Infirmary (GRI) to assist in the 'Service Redesign' of the North-East Glasgow stroke services. After this secondment he then went to work within the acute and rehabilitation medicine-for-the-elderly units at GRI.

The redesigned stroke services included the development and implementation of the first British Chronic Disease Management Model Stroke Rehabilitation Team. He has been part of this team since its inception as well as being actively involved with various development projects related to stroke care, which includes the start up of multi-pathology therapeutic exercise classes; which will shortly include participants who have had a stroke.

Over the past two years he has been the Team Lead for the North-Glasgow Stroke Physiotherapy Team which comprises 28 staff over 7 sites. He is currently involved at strategic level in the reorganisation of community services for supported stroke discharge across Greater Glasgow, and he participates within steering groups related to research projects.

John became involved with 'Exercise after Stroke' following his involvement in the development of the multi-pathology exercise classes in Glasgow. As part of his current clinical role, he runs a physiotherapy clinic which assesses and introduces participants to physical activity and fitness training after stroke.

Along with his busy family life he enjoys rowing, football, swimming, hill walking and playing the trumpet.

Examples of recent presentation/seminars are:-

- Physiotherapy Outcomes in Later Stroke (GP Forum). Glasgow
- Stroke and Exercise – Clinical preparation for Exercise and available services. Physical Disability Training Day. Glasgow

- Stroke and Exercise – Encouraging activity – Scottish Stroke Nurses Forum, Perth.

Examples of recent studies/audits are:-

- Participation in service audit for Older people GGHB.
- Participation in Stroke Services audit. Caledonian University, Glasgow
- Scoping of Stroke & AFO & Evidence NHSQIS.
- Stroke CSP Physiotherapy Records Audit.
- Clinical Outcomes in Later Stroke Physiotherapy Input.