



SkillsActive
More People, Better Skilled, Better Qualified



Queen Margaret University
EDINBURGH

LLT Summary Figures etc for 2013 Stroke Forum Conference

AWS – 31 May 2013

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1. Summary

- Since 2010, LLT have completed delivery of 16 courses and qualified 164 specialist EfS instructors. QMU had previously qualified an additional 32 EfS instructors.
- So total of 196 EfS instructors across UK now.

2. Development Work

LLT's main aim was to maintain the quality of the course but make it viable in cost both to future candidates and to LLT. LLT have trained up 2 specialist exercise instructors (who work with Stroke patients) from the LLT tutor team, as well as the training up of 2 specialist Stroke physiotherapists to ensure standardised and quality assured delivery has been our priority. LLT have also trained up two other specialist tutors to assess the practical elements, both formative and summative.

3. Accreditation and Endorsement

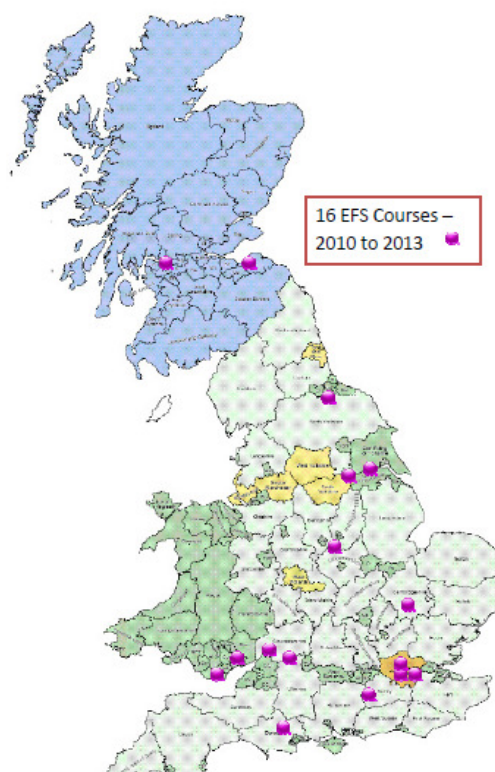
- The course has undergone the accreditation process to secure 20 credit points for successful completion from Queen Margaret's University, Edinburgh. This accreditation allows the potential for prior learning credits (20 credits at SCQF Level 8) after successful completion of the EfS course at other University's towards a degree.

- The Efs Course is accredited by Skills Active and the Register of Exercise Professionals (REPS) at Level 4 and receives 20 CPD points.
- The course is endorsed by the UK Forum for Stroke Training, with a specific unique Quality Mark number QM0045.

4. Courses Completed

Sixteen courses have been completed, with a total of 221 candidates from three main professional backgrounds.

12 in England, 2 in Wales, 2 in Scotland (previous 3 QMU courses were all in Scotland).



5. Candidate's Evaluations of Completed Courses

"The professional standard is outstanding, LLT is a company that has a wonderful tutor quality – thank you!" Barry Efs Candidate

"The Consultant and Physiotherapist visit were an added bonus compared to other courses. Excellent practical workshops. Tutors very knowledgeable and easy to talk to." Darlington Efs Candidate

"Well taught and a good mix of theory and practical sessions. Tutors very encouraging and constructive feedback." Edinburgh Efs Candidate

6. Pass Rates

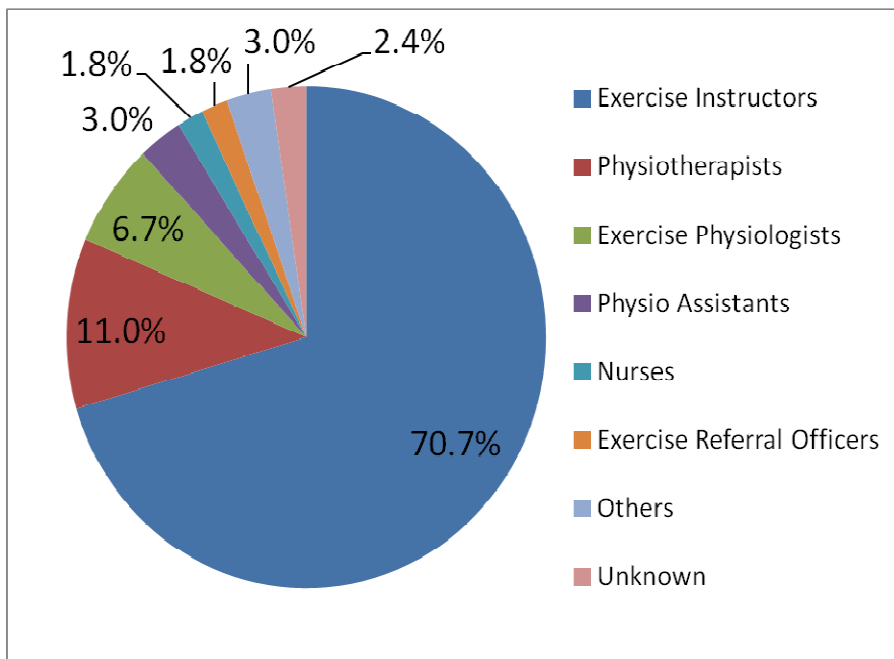
The assessments include a Theory Paper, a Case Study and a Practical Assessment of their delivery and tailoring of the exercises.

A total of 221 candidates applied to the above 16 Courses of which 164 have received Qualification Certificates (74% first time pass rate). 33 candidates have received Attendance Certificates (15%), 6 candidates dropped out (3%) and the remaining 18 candidates (8%) will resit some elements of the assessment.

6. Qualified Efs Specialist Instructor Professions

The professions of candidates who have qualified are as follows:-

- Exercise Instructors – 70.7%
- Physiotherapists – 11.0%
- Exercise Physiologists – 6.7%
- Physio Assistants – 3.0%
- Nurses – 1.8%
- Exercise Referral Officers – 1.8%
- Others – 3.0%
- Unknown – 2.4%



Professions of the 164 Qualified Efs Instructors (with LLT).

6. On Site Courses

There are two courses currently ongoing, one in London and one in Caldicot (total of 35 candidates).